Michelle Teear – Artist CV & Bio

(B. 1984 Australia)



Michelle Teear is a contemporary painter working in artist-made traditional egg tempera to explore outer and inner psychological landscapes. Her delicate, calligraphic brushstrokes create ethereal visions rooted in personal transformation and inner reflection. Through a process of emotional excavation, she revisits memory to liberate herself from restrictive ideologies. Working in remote environments, Teear channels a

sense of calm and expansiveness into her paintings. Recurring motifs such as waterholes and star-filled skies serve as poetic allegories that invite viewers inward to reflect on their own hidden narratives. Her work offers a meditative journey through memory, emotion, and the sublime.

Representing Gallery Straitjacket, Hunter Region NSW

Selected Education UNSW - Bachelor of Fine Arts 2005

Solo Exhibitions

2024 – 'Cathedral, Straitjacket, Newcastle NSW

2023 - 'Looking for mesas in channel country' - MAC: Museum of Art and

Culture Lake Macquarie NSW

2022 – 'Renewal', Straitjacket, Newcastle NSW

2020 – 'Those Hills: The Pilbara', Gallery 139, Newcastle

2019 – 'Michelle Teear', 33 Scott St Galleries, Newcastle

Selected Group Exhibitions

2025 – 'Collect', The Lock Up, Newcastle

2025 - 'NAS 40 Years', Newcastle Art Space

2025 - March Forward IWD, The Creator Incubator, Newcastle

2024 – 'Future in Focus: Contemporary Alumnae Artists', UNSW

2024 – 'Alternating the cube', Museum of Art Culture (MAC) Yapang

2024 – 'Collect', The Lock Up, Newcastle

2024 – 'Counteractions' – IWD, Creator Incubator, Newcastle

2022 – 'Limitless', Sydney Fringe Festival, 107 Project, Redfern

2021 – 'GartherED', Watt Space Gallery, Newcastle University

2020 – 'Locus Focus, Newcastle Art Space, Newcastle

2020 - 'Reconnected', Museum of Art & Culture (MAC) Yapang

2020 - 'Water' Museum of Art & Culture (MAC) Yapang

2020 – 'Fab Feb 20', The Owens Collective, Newcastle

2019 – 'The Balcony', 33 Scott St Galleries, Newcastle

2019 – 'Expansion', Gallery 139 at The Owens Collective, Newcastle

2019 – 'Lake Mac Open Studios' – Lake Macquarie

2019 – 'From the Land – Revisited', Newcastle Art Space, Newcastle

2019 – 'From The Land', Sheffer Gallery, Redfern

2018 - 'Directors Choice', Gallery 139, Newcastle

2018 - 'The Land', Project Gallery 90, Paddington

2018 – 'Wanderings', Sheffer Gallery, Redfern

2018 – 'Great Outdoors, Gallery 139, Newcastle

Awards, Grants & Prizes

2024 - Finalist: Paddington Art Prize

2024 - Finalist: Mosman Art Prize

2024 – Finalist: Gosford Art Prize

2023 - Semi-finalist, Newcastle Club Foundation Prize, NAS

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2023 – Finalist, Harden Art Prize, Harden

2022 - Semi-finalist, Newcastle Club Foundation Prize, NAS

2020 - Finalist, Evelyn Chapman Award, S H Ervin Gallery

2019 - Packers Prize: Newcastle Emerging Art Prize, NAS

Residencies and Projects

2025 - Broken Hill Artist Residency, BHAE

2024 - Mornington Peninsula Artist Residency, MPRG

2023 – Barrington Hideaway Artist Residency, Gloucester NSW

2022 – Augmented Reality Project, Group Contributor, MAP Mima

2021 – Museum of Art and Culture, En Plein Air Day Artist In Residence,

Lake Macquarie Regional Gallery

2020 - Bundanon Trust, NSW, Supported by Accessible Arts

Professional Development

2023 – Front and Centre: Leadership Program, Accessible Arts

2020 – Twelve month mentorship with Virginia Cuppaidge (senior

Australian abstract artist), Newcastle Art Space Mentorship program

Advisor/Peer Assessor

2025-27 - Creative Australia Peer Assessor

2024 – Bundanon Peer Assessor

2024 – 2025 – Museums & Galleries NSW – Peer Advisor

2022/2024 - Shine Art Prize Peer Assessor

2022 – Accessible Arts & Bundanon Trust Residency – Peer Assessor

Advocacy

2025 Hunter Creative Alliance – Committee Member, Newcastle NSW

Arts Worker

2023-present - Training & Project Manager, Accessible Arts (NSW)

2023-present – Arts Specialist Access & Inclusion Consultant

2006-08 – Children's Festival Director, Peats Ridge Festival (NSW)

Workshop Partners

2025 - Art Gallery of NSW (Sydney), Art after hours

2025 – Hudson St Hum (Newcastle), Egg tempera workshop

2024 – University of NSW, Egg tempera workshop

2020-24 – Museum of Art Culture (MAC) Yapang (NSW), Painting

2022-25 – Hive & Gobbler (Dungog, NSW), Natural dyeing

Bibliography

ABC Newcastle Breakfast Radio with Dan Cox, interview 2024

Nas Campanella, "Artists living with disability retreat to the Australian

bush to find inspiration post COVID-19", ABC News, 23 October 2020

"Preview to the Inaugural Lake Macquarie Open Artists Studio Tour",

Lakes Mail, 23 October 2019

Collections

University of NSW, UNSW

Private collections throughout Australia